



Girls Bill of Rights

Girls have the right to be themselves and to resist gender stereotypes. Girls have the right to express themselves with originality and enthusiasm. Girls have the right to take risks, to strive freely, and to take pride in success. Girls have the right to accept and appreciate their bodies. Girls have the right to have confidence in themselves and to be safe in the world. Girls have the right to prepare for interesting work and economic independence.

2004



Eleven energetic and creative middle and high school students throughout Alameda came together as the "Zine Team" to create a teen magazine for Alameda's youth called OUT LOUD. The magazine was written, edited, and designed by members of the Zine Team. The first issue was published in the summer of 2005 and was a collaborative project of the Alameda Collaborative for Children, Youth & Their Families in partnership with the HOME Project and Girls Inc. of the Island City.



2005



Karen Kenney became the organization's 6th Executive Director.

2005

Never too early to learn politics



In every election since 2004, girls have researched candidates, held mock debates, and met with elected officials as part of Girls Inc.'s She Votes®. Despite this remarkable year, today women comprise only 20% of congress. Girls Inc. She Votes is designed to address this inequity and give girls the skills and confidence to see themselves as future voters and as future candidates.

2006



Girls Inc. Activity Center Program changed its name to Alameda Island Kids- a before-and-after-school child care service for boys and girls in kindergarten through 5th grades and which ran at various school sites in Alameda for 25 years. It is currently operated at Bay Farm, Earhart, Edison, Franklin, Lum, and Otis schools.

2006



Girls Have Big Aspirations but Worries Loom Large

Findings from The Supergirl Dilemma- a Nationwide Survey of School-Age Children Conducted for Girls Incorporated® by Harris Interactive®—showed that girls experienced intense pressure, at ever younger ages, to be everything to everyone all of the time. Their findings revealed that traditional notions of femininity persisted into the twenty-first century. Girls still felt societal pressure to be pretty and passive and not smart and aggressive. They also felt that it was their job to please all the people around them. Furthermore, the findings seem to point to the expectation that a girl's appearance is still her most important asset.

2006



Sara Heaps, Nicole Oliver, and Natasha Walls were three of only 27 young women in the United States and Canada who won merit-based scholarships from the Girls Inc. national organization. The Girls Inc. National Scholars and Awards Program was created in 1992 when Lucile Miller Wright, a long-time supporter of Girls Inc., made a bequest from her estate to fund scholarships expressly for young women members.

2006

Serve More Girls



Through a partnership with the school district's Learning Enrichment Academic Pride and Self Esteem Program, Girls Inc. of the Island City offered Girl Zone® to 4th and 5th grade girls at Washington Elementary School and Operation Smart® at Paden Elementary School. Girl Zone focused on helping girls develop healthy friendships and Operation SMART (Science, Math, and Relevant Technology) taught a love for science in a hands-on way.

2008



Anjali Sastry, who was a Girls Inc. intern, mentor, and participant in Teen Zine, was awarded a \$15,000 scholarship from the Girls Inc. National Scholars Program.

2010



The Eureka!® Teen Achievement Program launched with 20 teens. Eureka! is a three-year, national program created by Girls Inc. to encourage girls to explore career paths in the fields of Science, Technology, Engineering, and Math (STEM) as well as encourage girls to reach their true potential through integrated programming in personal growth, self-defense, and swimming.

2011



On August 1, 2013, 15 teens were the first to complete the Eureka!® Teen Achievement Program. The participants concluded the program after they finished a paid, 4 week long job shadow experience. Job shadow sponsors provided invaluable career exposure and included: Alameda Hospital, Alameda Municipal Power, Alameda Orthopedic & Sports Therapy, Alameda Pediatric Dentistry, Alameda Police Department, Harbor Bay Club, HKIT Architects, Licensed Acupuncturist and Herbalist Tracy Zollinger, L.Ac., Lilac Dress Boutique, Old Navy, Park Centre Animal Hospital, Rock Wall Wine Company, and the office of District Attorney Nancy O'Malley.

2013

2004—Present

Inspiring girls for 50 years to create bold futures.



Girls Incorporated® of the Island City

