

News Flash from Girls Inc. of the Island City

FALL 2007

Hello Parents and
Guardians,

We want to keep you informed on what's happening here with your girls in our after-school program. Please read through this newsletter and contact Program Director Tristen Fredrickson with any questions or comments.

Phone: 510.521.1743

Email: tfredrickson@girlsincislandcity.org

Girls Inc. Families: We Need You!

Many parents/guardians have expressed interest in providing more support to Girls Inc. We would like your input about getting more involved. Tell us what you think about the following potential ideas by sending an email to Board member and parent Arlette Walls (Arlette.walls@novartis.com);

- Participate in a work project such as gardening, data base entry or maintenance repairs
- Volunteer to help with the annual Women Who Dare Luncheon or other celebrations
- Participate in fundraising activities
- Contact your workplace to list Girls Inc. in their United Way campaign



If there are other ways you would like to help or would like to be informed of upcoming projects, please let Arlette know.

Classes for Fall Quarter

Ask your girl about what she's been learning

	1st & 2nd Grade	3rd & 4th Grade	5th & 6th Grade
MON	SMART — Hands on science fun	My Body My Health – changes and growing up	Eat Fit – Nutrition and keeping healthy
TUES	Expressly You – projects and art that are truly you	Inner Beauty – what makes you beautiful on the inside?	Bridges – sports, teamwork and loads of fun
WED	My Girlfriend Zelda – girls “operate” on a surgical doll and learn body basics	Secret Agent Girls – spying, sleuthing and solving mysteries	Gardening – learn the value of nurturing our plants and veggies
THU	Steppingstones – basics of sports and coordination	Cultures & Cooking – and celebrating diversity	Girl Power – fun, crafts & community service
FRI	*Free Choice* — For all ages, girls pick the structured activity of their choice		

Coming Soon: Our Library's New Look

Over the past few months, our library has gotten a new look. With freshly painted bookshelves, framed pictures of our girls, and a cozy new couch (complete with matching curtains and hippopotamus pillow) our library is ready for its unveiling in October.

Devoted volunteer and senior at Alameda High, Kirsten Allen is renovating our library to earn her Girl Scouts Gold Award. Soon we will have a computer to track all our books and those that the girls have checked out. We are currently taking donations of new or gently used books that our girls would enjoy reading to add to our new library stacks. Gift cards to local bookstores are also welcome. Happy Reading!

**girls
inc.**[®]

Inspiring all girls to be strong, smart, and boldSM

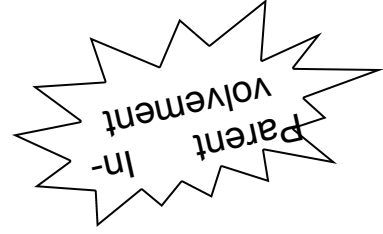
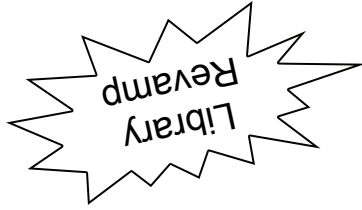
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Annual Holiday Sale

Every year, Girls Inc. hosts our Annual Holiday Sale. This event gives girls the opportunity to do some holiday shopping right here at Girls Inc. All year long friends of Girls Inc. donate items to be sold for bargain prices of 5¢ to \$1.00 at our Holiday Sale.

On **Thursday, December 6th**, girls can shop in our Recreation Center from 3:30-4:30, and wrap their gifts from 4:30-5:30, with help from volunteers and staff. What a great way to get the season started! Apologies to the adults; this event is for current girl members only.

Please remind your girl to bring \$3 (max. spending amount— single bills appreciated) on the day of the sale. We will take care of the rest. Keep an eye out for those special gifts this holiday season. If you have items or gift bags to donate to our holiday sale, drop them by or give us a call at the phone number to the left.



Check out what's inside...

Girls Incorporated®
of the Island City
1724 Santa Clara Avenue
Alameda, CA 94501



DON'T FORGET TO MARK THESE IMPORTANT DATES ON YOUR CALENDAR

FALL QUARTER 2007

- Monday, October 29, 2007 - GIRLS INC. CLOSED for AUSD Non-Student Day (AIK @ Edison Open)
- Monday, November 12, 2007 - GIRLS INC. CLOSED for Veteran's Day
- Wednesday, November 21, 2007 - GIRLS INC. CLOSED for AUSD Fall Recess (AIK @ Lum Open)
- Thursday & Friday, November 22 & 23, 2007 - GIRLS INC. CLOSED for Thanksgiving Holiday
- Thursday, December 6, 2007 - Annual Holiday Sale (see article inside for more details)
- Monday, December 10, 2007 - Registration for Winter Quarter Begins (reminders will be mailed in early December)
- Friday, December 21, 2007 - Last day of Fall Quarter (Girls Inc. closed until Winter Quarter Begins)
- Monday, January 7, 2008 - Girls Inc. Winter Quarter Begins