

News Flash from Girls Inc. of the Island City

SPRING 2007

Hello Parents and
Guardians!

We want to keep you informed on what's happening here with your girls in our after-school program. Please read through this newsletter and contact Program Director Tristen Fredrickson with any questions or comments.

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Best Foot Forward & Women Who Dare Luncheon

It's that time of year again... Our Annual **Women Who Dare** Luncheon will be held on **June 2**. Our girls will be, once again, the highlight of the afternoon. After participating in our **Best Foot Forward** program throughout the spring quarter, girls present the awards to the Women and Girls Who Dare at the luncheon, the culminating event of the program and coincidentally our biggest event of the year! In **Best Foot Forward**, girls will meet and interview the awardees, prepare speeches, and practice the art of public speaking. Girls must sign up for this program in advance. Watch for permission forms distributed in March!



	6-7 years old	8-9 years old	10+ years old
MON	She's on the Money – Nat'l Economic Literacy	Techno Savvy – computers and digital technology	Girl Zone – Friends and relationship building
TUES	My Girlfriend Zelda – girls "operate" on a surgical doll	Sports Zone – get active and stay fit for life	Media Smarts – National Media Literacy Program
WED	Operation SMART – hands-on science fun	My Body My Health – Changes and growing up	Sports Zone – get active and stay fit for life
	Best Foot Forward – For all ages, must turn in permission slip prior to class		
THU	Steppingstones – basic sports skills & coordination	Art Attack – cultural arts and creativity	Girl Power – fun, crafts & community service
FRI	*Free Choice* — For all ages, girls pick the structured activity of their choice		

SCHEDULE

**MARCH—JUNE
2007**

- **Mon, March 12**— Spring quarter Registration Begins
- **Fri & Mon, March 16 & 19**— CLOSED for AUSD Trimester Break (AIK @ Earhart Open)
- **Tues, March 20**— Girls Inc. Spring Quarter Begins
- **Wed thru Fri, March 21 thru 23**— AUSD Early Release- Girls Inc. opens at 2:00pm
- **Mon thru Fri, April 9 thru 13**— CLOSED for AUSD Spring Recess (AIK @ Otis Open)
- **Sat, April 21**— Girls Inc. Summer Camp Registration begins
- **Sat, May 12**— See Jane Run 1-mile Fun Run
- **Sat, June 2**— Women Who Dare Luncheon
- **Tues thru Thurs, June 12 thru 14**— AUSD Early Release- Girls Inc. opens at 12:30pm
- **Thurs, June 14**— Last Day of School & Girls Inc. for Spring Quarter

Girls Inc. teams up with See Jane Run

See Jane Run, a retail store in the bay area that sells athletic gear for women, is hosting an All-Women's Half Marathon and 5K race here in Alameda on **Saturday, May 12**. A portion of each registration goes directly to Girls Inc. of the

Island City. What better way to celebrate Mother's Day weekend than to run in honor of a strong, smart and bold woman you know. After the race and awards ceremony, Girls Inc. girls are encouraged to show their Girls Inc. pride and participate in the 1-mile Kids Run for free! Girls Inc. supporters will be there to cheer them on as they race to the finish line. Runners and walkers welcome. For more info, visit our website.

**girls
inc.**[®]

Inspiring all girls
to be strong,
smart, and boldSM

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