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FOR IMMEDIATE RELEASE

Jan. 24, 2007

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News Anchors to Visit Girls Inc. to Host 4th Annual Girls Take Charge Summit for Teens

Alameda, CA – Channel 2 News Anchors Rita Williams and Sara Sidner will be the keynote speakers at Girls Inc. of the Island City's *4th Annual Girls Take Charge Summit*, which will be on Saturday, Feb. 3, for high school girls ages 13-18. The event is FREE and will include free prize drawings, goody bags, and lunch.

Williams and Sidner talk to teens about their careers, how they broke into the broadcasting field, and what helped them become dynamic women and will share wisdom and advice.

Teen participants at the summit will get to choose to participate in small, interactive workshops on topics such as: getting into college, body image and self-esteem; self-expression through hip-hop dance; defining beauty; boundaries and self-defense; and sexual health.

They will also get to participate in *Girls Matters* - a summit-wide discussion led by a panel of teens about the issues impacting girls and young women today - and will vote on the top issue they want Girls Inc. to address in Girls Inc.'s *Blueprint* program in 2007. Past winning topics include teen dating violence, teen depression, and body image.

What: Girls Inc.'s *Girls Take Charge Summit*

When: Saturday, Feb. 3, 2007

Registration: 9:00 am

Program: 9:30 a.m.

Where: Girls Inc. Meyers Center

1724 Santa Clara Ave., Alameda, CA

Who: Girls ages 13-18 (non-Girls Inc. members and non-Alameda residents welcome!)

Cost: FREE to Teens!!

**For information, to volunteer, to be a sponsor, or to donate prize items,
call (510) 521-1743 or visit www.girlsincislandcity.org**

A big THANK YOU to Esurance, Bank of Alameda, Oakland Association of Insurance Agents, Inc., and Troy Van Sloten CPA & Associates for sponsoring this year's summit!!

The mission of Girls Incorporated of the Island City is to inspire all girls to be **strong, smart and bold**^(SM) through innovative programs, activities and advocacy.