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**FOR IMMEDIATE RELEASE**  
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## **Girls Inc. Free Summit for Teen Girls**

### **Girls Inc. of the Island City to Host 5<sup>th</sup> Annual Girls Take Charge Summit to Teens**

Want to make new friends, speak your mind, and get ready for your future? If you're a teenage girl between the ages of 13 and 18, Girls Inc. of the Island City invites you to come to their annual Girls Take Charge Teen Summit! The event is free, will be on Saturday, Feb. 2, 2008, and is a lot of fun!

This year's theme is "Be Bold" and promises to be a great experience that girls will never forget. There will be workshops on everything from creative cooking, healthy skin care, and martial arts to mosaic or recycled art and the ins-and-outs of getting into college.

Girls will also get to try yoga, hip hop, or jazz dancing, make a "Be Bold" quilt, and have a lively discussion about the issues that are most important to them. In addition, they will get a free lunch of tacos and sandwiches, receive gift bags filled with make-up, key chains, and other little surprises, and be eligible to win door prizes, including gift cards to "Color me Mine," "Loard's Ice Cream," "Tucker's Super Creamed Ice Cream," "Dance 10," "Alameda Ballet," "Domenico's Delicatessen," and more!

**What: Girls Inc. "Be Bold" Girls Take Charge Summit**  
**For: Girls ages 13-18**  
**When: Saturday, Feb. 2, 2008, 9:30 am to 4:00 pm**  
**Where: Girls Inc. of the Island City, 1724 Santa Clara Ave., Alameda, CA 94501**  
**Cost: FREE!!**  
**Registration starts at 9:30 am**  
**Pre-Registration is NOT required**  
**For information: 510-521-1743**

Girls Inc. of the Island City is an affiliate of the national organization Girls Inc. Since 1964, Girls Inc. of the Island City has provided the only program in Alameda designed specifically for girls. Our programs "fill in the gap" on issues that parents and schools don't always have the time or

The mission of Girls Incorporated of the Island City is to inspire all girls to be **strong, smart and bold**<sup>(SM)</sup> through innovative programs, activities and advocacy.

resources to cover and we provide more than 25,000 hours of programming each year to girls ages 6 to 18. At Girls Inc., girls and teens are challenged to explore science, math and computers, examine how money is earned and invested, and to ask questions about and take leadership roles in the world.

The organization also offers a licensed childcare service called Alameda Island Kids for both girls and boys at seven elementary schools around Alameda, including Bay Farm, Earhart, Edison, Franklin, Lum, Otis, and Paden. For more information about Girls Inc., call (510) 521-1743 or visit our website at [www.girlsincislandcity.org](http://www.girlsincislandcity.org).

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