

# G.I.R.L.S.NEWS

Grow. Invent. Recreate. Learn. Speak.

April 2025

girls  
inc.

of the Island City



**Girls Inc. Week** p.4

Empire Waist Film Premiere

**Our Community**

Tiny Turtles Interview p.7



# April Fools!



Find the answers  
on pg.9!

Here are some of our best  
riddlers, gigglers, and groaners!

Write your guesses in the space under the jokes!

1. How many tickles do you give to an octopus?
2. What do you break every time you name it?
3. Why did the fish cross the ocean?
4. I mustache you a question...but I'll shave it for another time.
5. What is a cat's favorite game to play with a mouse?
6. Why do seagulls fly over the sea?
7. What's in the water, but doesn't get wet?
8. What type of dessert is the worst at playing hide-and-seek?

# Holi

## Interview with Myra

### *What is Holi?*

"Holi is a beginning of Spring festival where you can go to a party and there are colors you can throw up in the air and at each other. It's really fun."

### *How do you and your family celebrate Holi?*

"People eat Indian food and desserts. We went to a party with my friend and we had a blast!"



### *What's your favorite thing about Holi?*

"My favorite thing is you get to throw colors in the air. It's really fun if you have a friend or your parents come with you because you get to throw colors at each other. There's so many people and there is music and dancers and it's really fun."





## Did you know?

- Holika Dahan: The night before Holi, a bonfire is lit, symbolizing the burning of Holika and the triumph of good over evil.
- Playful Water Fights: People playfully throw colored powders (gulal) and water at each other, creating a joyful and chaotic atmosphere.
- Traditional Sweets and Drinks: Delicious sweets and the spiced milk drink "thandai" are a staple of Holi celebrations.

# Current Events

*Curated by the Editor*

## Earth Day

Climate change is a serious issue in our lives, and our participants are part of the young generation living through what is now a new normal for the generations who remember green lawns and plentiful water. Wildlife endangerment, natural disasters, and water pollution are all things we have to address, but never fear! **Our Girls Program participants are on the job!** We'll be taking a field trip to Crab Cove to help clean up the beach.

The trip will be on **April 23rd @ 3:00 PM - 5:30 PM.**



## Empire Waist

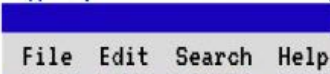
Coming up in May, Girls Inc. will be celebrating Girls Inc Week with a special premiere event for the film Empire Waist! This film promotes self-love and body positivity for young girls of all ages.

**More information coming soon!**

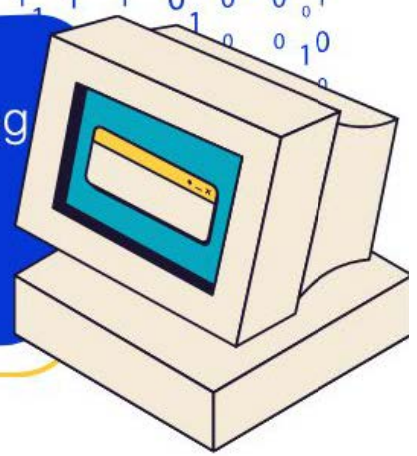


**Empire Waist  
Official Trailer**





Girls Who Code is tap, tap, tapping along creating games and learning all about different programming languages.



# Books

*by Simone*

*Dedicated to Mom & Dad*

Books where you sail seas and climb mountains  
aren't we all thankful for books?

When you pick up a book  
and you are filled with awe  
aren't you thankful for books?

When you are hearing about someone's life  
and you feel like you could be the next one  
aren't you thankful for books?

When you are on the couch  
and have nothing to do  
Read books!



# **G.I.R.L.S.** NEWS

## Our Community Interview with Tiny Turtles Preschool

*Tell us your name and a little bit about the program.*

**Amy:** Okay, so my name is Amy. My program is called Tiny Turtles and it's Tuesdays and Thursdays from 9:00 AM to 12:00 PM, and it's a preschool program for two year olds to five year olds, and they don't have to be potty trained.

*Why did you choose to go into business for yourself?*

**Amy:** I chose to go into business for myself because I have little kids. Other daycares are too expensive, so I wanted to be able to bring them to work with me and be a stay at home mom, so that's why I started my own business. So my child is right there, Angelo. *(Points to class photo)* The second one in. From the top. That's my fourth child. I started when I only had one child and now I have four.

**Harper:** Did they all go to Tiny Turtles?

**Amy:** They all came to the class when they were the right age, when they were age two.

**Joana:** Why did you want to go to Tiny Turtles?

**Amy:** Yes. I wanted to start my own business because I wanted to be an entrepreneur. Do you guys know what an entrepreneur is?

**Mimi:** Yes, I do. It's a fancy business, but it means that you go into business for yourself. Like a self employed person.

**Amy:** Yes. You're self employed. You think of an idea, and then you put it into action. So what I did was, I said, 'I want to create an art project program for little kids.' So I went to the City of Alameda and I got a business license for arts and crafts, then I started my own business. And I have three businesses. This is just one of them.



*What service or care do you provide?*

**Amy:** Childcare! So, I watch their kids from 9:00 AM to 12:00 PM and I teach them art, letters, songs. We do science, we do math.

**Mimi:** Do you have other workers that help you with this?

**Amy:** Yes, my mom helps me, and we have another worker named Kat and she is really fun.

**Lina:** What do you do for science and math?

**Amy:** So, for example, what we did that included science and math was they did a blue handprint, a yellow handprint, and then they mixed their hands together like this *(rubs hands together)*, and it turned it to green. So that was their science plus math, because we did yellow plus blue equals green.

*What makes your business special?*

**Amy:** What makes my business special is that I'm the only drop off program in Alameda for two year olds. There's no other program in Alameda that does a half day drop off program for two year olds.

**Harper:** How much is it for a month or year?

**Amy:** Oh, that's a good question. It's \$210 for one day a week for the month or \$350 for two days a week for the month. And we're also the cheapest program in Alameda.

*How long have you been in this industry?*

**Amy:** Nine years with Tiny Turtles, but before that I worked at ARPD for their Tiny Tots program and After School program. So maybe it was 19 years altogether?

*What is your favorite thing about working with preschoolers?*

**Amy:** My favorite thing about working with preschoolers is that they're very sweet at this age, and they listen and they don't talk back and they're happy and they're excited to do art projects and it's just really fun.

*Do you have them go into different places?*

**Amy:** So, on Tuesdays we're here at this location and I call this our classroom location and on Thursdays we're at Busy Bee Tumbling Studio and I call that our 'fun day,' because they get to play in the studio.

*Do you do other fun stuff with the Tiny Turtles?*

**Amy:** Yes, we do. We're kind of like Girls Inc., we like to bring in cooking teachers, music teachers. It's usually the parents who do something extra on the side at their own job and they want help out.

Contact Tiny Turtles!  
Amy Choy  
achoy2045@gmail.com

*What is it like being a small local business owner in Alameda?*

**Amy:** It's really nice because Alameda is really small and everybody knows everybody.

*What can others do to reach you and get involved in your program?*

**Amy:** They can reach out to me via text message or email or they can stop by my program and say, hey! I would love it if you ever want to help out during summertime. I have kids come in that are your age and they run groups for me, so they'll run like a group of four kids and they play or go do an art project.

*Is there anything else you want to share with us?*

**Amy:** I love being an entrepreneur and I definitely think all of you girls should try to be one too.

**Caroline:** Let's give Amy a big thank you!

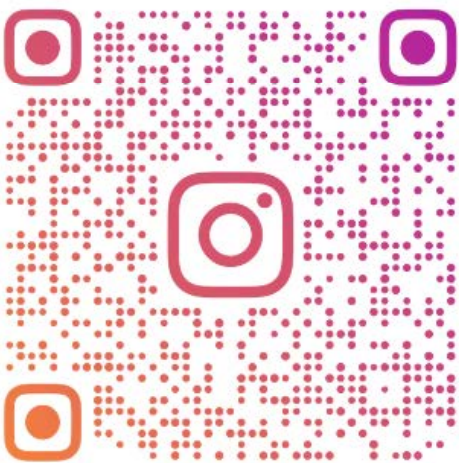
**Everyone:** Thank you!

**Amy:** Thank you, girls! Thank you, thank you!



## April Fools! Joke Answers

1. Ten-tickles!
2. Silence.
3. To get to the other tide!
4. B-dmp, tsss...
5. Cat-ch.
6. Because if they flew over the bay, they'd be bagels.
7. A reflection.
8. Peak-an Pie.

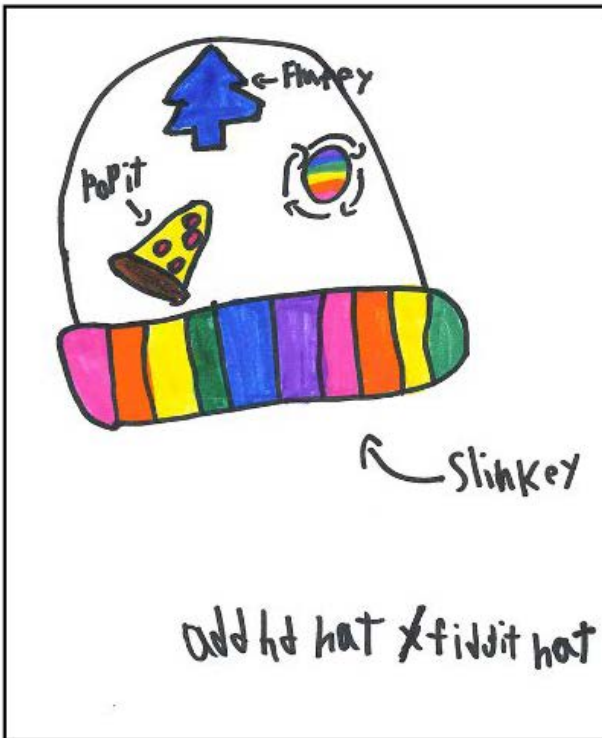


**GIRLSINC.ISLANDCITY**

Got jokes? Tell us!

Find us on Instagram or via  
[girlsnews@girlsincislandcity.org](mailto:girlsnews@girlsincislandcity.org)





ADHD/Fidget Hat by JoJo

5th Grade



by Maddie

5th Grade















by Sammy

Kindergarten

 Girls Inc. is  
amazing, full of  
memories, and  
fun!

~ Joana

## Girls Program Spotify Playlist

 California Chappell Roan	 Cheap Thrills SIA	 So True Gracie Abrams	 Somebody That I Used to Know - Gotye	 Riptide Vance Joy	 APT. Rose ft. Bruno Mars
 Freaks Surf Curse	 Pink Pony Club Chappell Roan	 I Can Do It with a Broken Heart - Taylor Swift	 Espresso Sabrina Carpenter	 Smells Like Teen Spirit Malia J.	 Gangnam Style Psy

## Star Awards

Introducing Star Awards! Girls Inc. would like to recognize the students in each grade group who have shown they can be Strong, Smart, and Bold.



# Creature Spotlight

## Bunnies *by Lina*

When you first get a bunny you might want to hug it forever and ever but you should probably feed it first. Bunnies like to eat kale, carrot greens, parsley, and celery. Bunnies do not like to eat onions, garlic, raw potatoes, avocados, chocolate, iceberg lettuce, rhubarb, tomatoes, and most types of beans. If you get a bunny as a pet they usually like to have a towel to chew on, a tiny house to live in, some toys to play with, and a cage so they don't escape.

Bunnies' lifespan is usually 3 - 5 years. If you want to know if your bunny is nice and healthy you can see if it is eating normally, has firm droppings, and has playful energetic behavior. How you know if your bunny is happy is if it twitches its nose, blinks, and purrs. If the bunny is sniffing you a lot, it is trying to get to know you. How do you know if your bunny is the right match for you? It will probably hop a lot and bounce around on you and nuzzle against you.



# What We Missed in March!



## Lucky

*by Rose*

Four times green  
One, two, three, four leaves  
Four leaves luck, meant to  
be plucked  
Four times luck, not three



# Thank You!

Thank you so much for the amazing response to our 1st Edition of G.I.R.L.S. News! Your support and encouragement means everything to our program and we hope you'll continue to look out for new monthly issues!

## Special Thanks to...

Those who attended the March 8th event at Books Inc. for your words of encouragement....

All the kind wishes and enthusiasm from the Girls Inc. and Alameda Community...

And the parents and families of our amazing Girls Program girls!



**GIRLSINC.ISLANDCITY**

Please let us know what you think! Feedback and support is always appreciated!

**girlsnews@girlsincislandcity.org**

Artist of the Month  
**Myra**



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