

# G.I.R.L.S. NEWS

Grow. Invent. Recreate. Learn. Speak.

November 2025

girls  
inc.

of the Island City

This Year's  
Best and  
Worst Books  
and Movies!  
p.3

Baby Guess

Who! p.4

Halloween Highlights p.1

SHE Shaped

the World p.2

Alameda Unplugged  
p.7

Girls Program  
Sticker Activity!

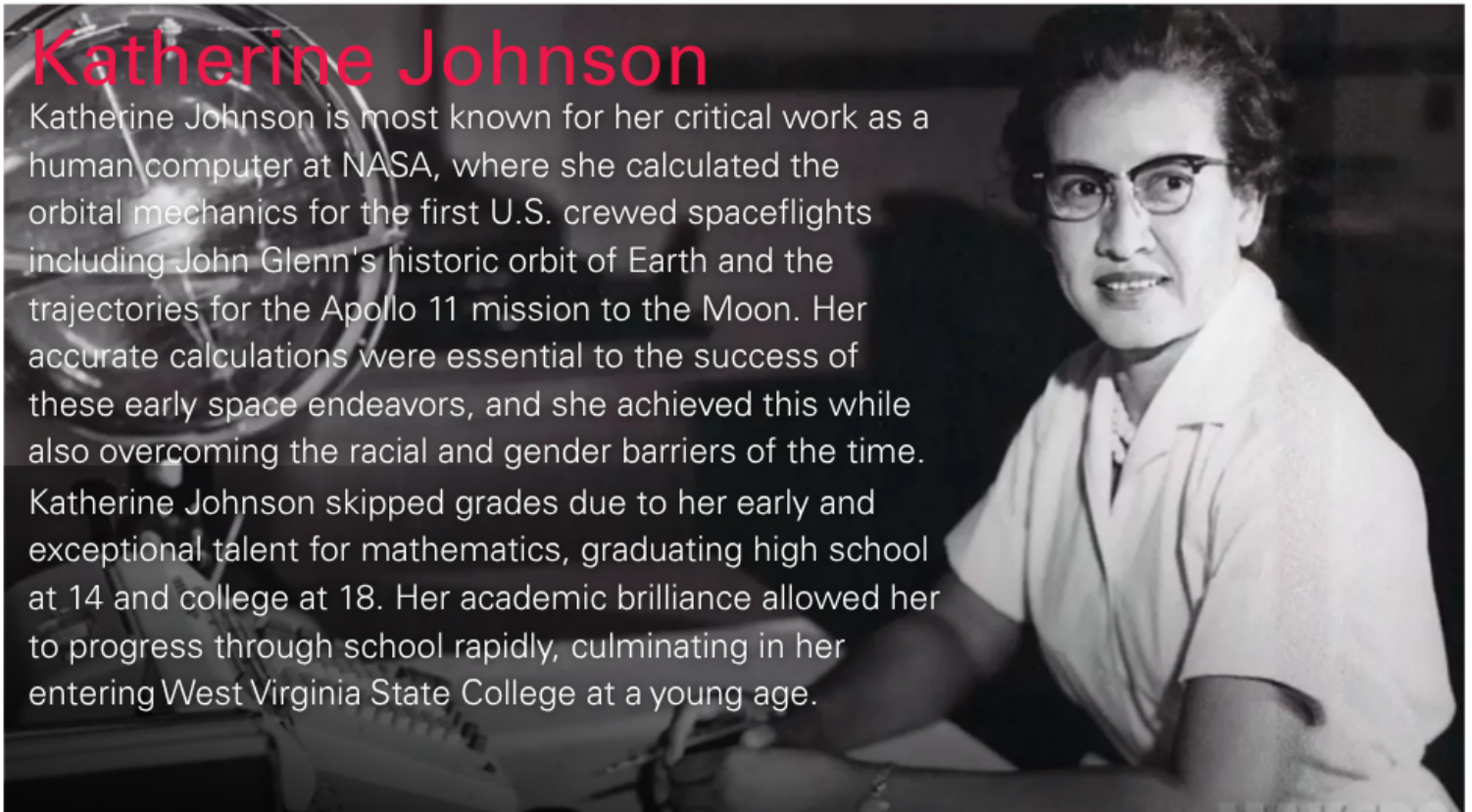
p.8-9

## Halloween Highlights



### Katherine Johnson

Katherine Johnson is most known for her critical work as a human computer at NASA, where she calculated the orbital mechanics for the first U.S. crewed spaceflights including John Glenn's historic orbit of Earth and the trajectories for the Apollo 11 mission to the Moon. Her accurate calculations were essential to the success of these early space endeavors, and she achieved this while also overcoming the racial and gender barriers of the time. Katherine Johnson skipped grades due to her early and exceptional talent for mathematics, graduating high school at 14 and college at 18. Her academic brilliance allowed her to progress through school rapidly, culminating in her entering West Virginia State College at a young age.



Katherine's life and achievements have inspired famous films such as *Hidden Figures* starring Taraji P. Henson, Octavia Spencer, and Janelle Monae.

“I've always loved to learn, and I believe that if students love learning, no one will have to push them to do well. They will want to learn and perform well. A good teacher helps students want to learn. So while my students learned, they also had lots of fun.”

– Katherine Johnson, *My Remarkable Journey*



Katherine Johnson: An American Hero

[Learn more at \*katherinejohnsonfoundation.org\*](http://katherinejohnsonfoundation.org)

## November's Best Movies and Books



Title: Sperm Whale v.s. Giant Squid



Review:

"You don't see a lot of stuff happen underwater, even though it is very interesting to see it. It also tells us a lot of facts about. I like writing facts that are in the book."

Title: A Good Girl's Guide to Murder



Review:

"An amazing 'girl power' book about a high schooler who solves a mystery." (YA Novel)

Title: Magic Tree House



Review:

"I like it because magic is good for imagining things. There's also a lot of books. And the main characters, Jack and Annie, go on really good adventures."

Title: The Greatest Showman



Review:

"I love this movie! It's PG and AMAZING! I love it because it talks about never giving up."

Title: Spy Kids



Review:

"I like it because it is good. And I like Carmen because she is very funny."

Title: Crenshaw



Review:

"I like it because it's about a boy and his imagination and everything he goes through with his family."

Title: Moana 1 & 2



Review:

"There are a lot of happy parts and not too many sad parts. I love Moana because she says she's not a princess, and Maui because he's funny."

Title: Winnie the Pooh



Review:

"It is funny, cute, and entertaining! I also feel like it is for all ages, but some kids may like it, and some kids may not."

Title: The Owl Diaries



Review:

"I like it because the main character, Eva, is very busy at school."

Title: The Magic Misfits Series



Review:

"It's about this girl named Max. She meets the characters Kevin, Simon, and Mille, and they go on adventures to defeat a mean King."

OH, BABY!  
WHO'S WHO?



# G.I.R.L.S. NEWS



# G.I.R.L.S. NEWS



**G.I.R.L.S.**  
NEWS



**ALAMEDA**  
**UNPLUGGED**

**LIFE HAPPENS**  
**OFF**  
**THE SCREEN.**

Spearheaded by a Girls Inc. mom, Alameda Unplugged is a new parent-led group in Alameda, helping families reconnect with what matters – people, place, and presence. Inspired by The anxious Generation, they're helping shift local culture around kids, tech, and real-world play.

**NOT SURE WHERE TO**  
**START? HERE'S A**  
**FEW IDEAS!**

- Make device use transparent
- Schedule tech-free rituals
- Create family media agreements
- Use devices with children applications for kids.
- Take intentional digital breaks
- Reflect and audit your habits
- Repair when you slip

Resources, research, and reassurance for raising kids in the digital age.

**TAKE ACTION**

[alamedaunplugged.org](http://alamedaunplugged.org)



# Girls Program Stickers!

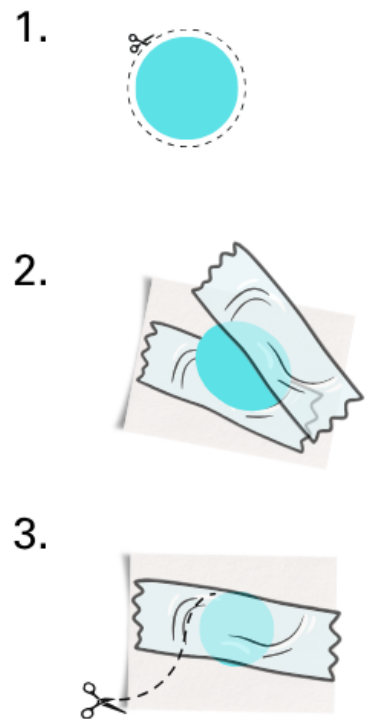
On the back of this page you'll find some cute and funny pictures of Girls Program arts & crafts we think would make some pretty memorable stickers! Follow the instructions below to make your very own!

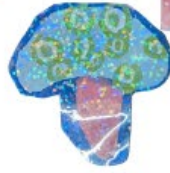
## Materials:

- Scissors
- Clear Scotch or Packing Tape
- Parchment paper

## Here's How:

1. Cut out the sticker designs.
2. Then sandwich it between two layers of tape, one sticky side on the parchment paper, the other covering the sticker.
3. Then cut the design out again. Make sure there is a little space on the edge of the design.
4. And you're finished! Stick it on a notebook, lunchbox, or waterbottle!





# Thanks for Reading!

Please let us know what you think! Feedback and support is always appreciated!

**girlsnews@girlsincislandcity.org**



GIRLSINC.ISLANDCITY



